



# Volleyball



# AGENDA

- **UIL Information**
- **Volleyball Specific Information**
- **Coaching Reminders**
- **Practice & Contest Regulations**
- **Eligibility**
- **Non-School Participation**
- **Miscellaneous Information**





**Director of Athletics**

**Dr. Susan Elza**



**Assistant Athletic Directors**

**Brian Polk**



**AJ Martinez**



**Joseph Garmon**



**Brandy Belk**





# UIL Athletic Department







# LEAGUE GOVERNANCE

- Legislative Council – Rule making body
- State Executive Committee (SEC) – 12 school administrators appointed by the Commissioner of Education.
- Waiver Review Board – 10 person committee, reviews decisions of the UIL Waiver Officer on appeals
- District Executive Committee (DEC) – Consists of ONE voting member per school in a given UIL District.





# CONSTITUTION CHANGES 2018-2019

- **Coaches Certification Program (CCP)** – Replaces RCP. Coaches can satisfy these requirements by going to TGCA or THSCA and attending sessions or by taking the online modules through the UIL portal.
  - Will have member # scanned in when attending sessions at coaching school.
  - UIL portal is live.
- **Officials Pay** – Moving to a flat fee structure based on travel range up to 120 miles. Starting in August of 2018. Will not be in C&CR section 1204, will be on UIL Sports Officials webpage.





# CONSTITUTION CHANGES 2018-2019

- **Fundamentals of Coaching in Texas** – Required of all coaches in their first year of coaching in Texas.
  - NFHS fundamentals course is now only required for coaches who have been ejected.
- **Non-School Participation** – updated document on UIL Athletics homepage.
- **Online PAPF** – starting this summer, schools can use online or paper through January. After January, all PAPF's will be required to be completed online.
- **Eligibility Forms** – Will be in UIL Portal, fillable and will be housed in the portal.
- **Waivers** – Available online now. Can pay waiver fee online.



# Rule Proposals from June Council

➤ **Player Ejections** – Automatic penalty for a player ejected from a contest.

Penalty is as follows:

- **Football.** Ejected player misses remainder of the game they were ejected from plus the first half of the next game.
- **Other Team Sports.** Ejected player misses remainder of the game they were ejected from plus all of the following game.

	<u>16-17</u>	<u>17-18</u>
<b>REPORTABLE INCIDENTS</b>	374	502
<b>TOTAL FAN EJECTIONS</b>	134	164
<b>TOTAL COACH EJECTIONS</b>	136	128
<b>TOTAL ALLEGED VIOLATIONS</b>	142	94
<b>TOTAL PLAYER EJECTIONS</b>	1614	1586
<b>TOTAL ITEMS WORKED</b>	<b>2,400</b>	<b>2,474</b>





# Future Rule Proposals (October)

- **Emergency Action Plan** – Proposal will require member schools to have an EAP for each venue that will host practice or contests in the district.
- **Catastrophic Reporting** – Proposal will require all member schools to report catastrophic injuries that occur in practices or competitions on an online reporting form.





## UIL Staff Studies

- Summer Strength & Conditioning Regulations
  - Allowing 30 days, Monday-Friday, 5-day mandatory shutdown set by UIL calendar.
- Elementary School Leagues – look at changing language that prohibits school districts from forming leagues

# VOLLEYBALL

## Specific Information



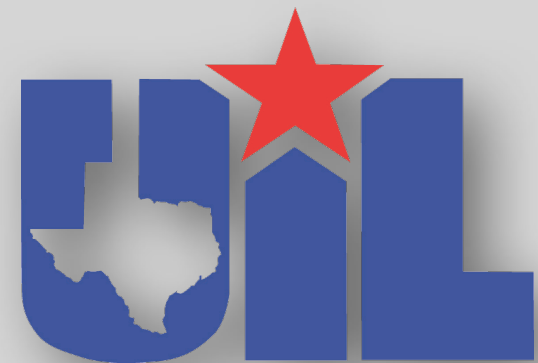


# Participation Numbers

**2017 VOLLEYBALL Numbers**

**1,326 Teams**

**47,415 Participants**



# Volleyball Scrimmages



- August 3<sup>rd</sup> – first day allowed for scrimmages
- Teams may play unlimited number of scrimmages prior to the school year starting.
- Once school has started, teams are limited to one scrimmage during the school week, an additional scrimmage may be scheduled after the end of the school week.
- After a team plays their first interschool match, scrimmages are no longer permitted.



# ALLOWABLE VOLLEYBALL CONTESTS

(2018-2019)

- 0 Tournaments and 29 Matches or
- 1 Tournament and 27 Matches or
- 2 Tournaments and 25 Matches or
- 3 Tournaments and 23 Matches

2 matches may  
be substituted  
for a  
tournament.



# VOLLEYBALL PLAN



## Volleyball Match Regulations

1. *Substituting Dual Matches for Regular Matches.* Dual matches consisting of two or more teams may be played. A team may play two other teams or play the same team twice at the same site. The second match shall be played as soon following the first match as possibly can be scheduled. A **dual match will count as one of the two contests** allowed per calendar week (in addition to a tournament), and will count as two of the total matches allowed per season.
2. *Double Header.* A student may play in a varsity and a junior varsity match, a junior varsity match and a ninth grade match, or a ninth grade and a varsity match the same night. This **counts as the total two allowable matches** UIL permits the student for the calendar week and counts as two of the total matches for the season.

# VOLLEYBALL PLAN



## *Volleyball Match Regulations*

**First Two Weeks of Season.** During each of the first two calendar weeks allowed for matches on the UIL Official Calendar, teams or students shall participate in no more than three matches (or dual matches) plus one tournament. The second and third match of the calendar week shall be after the last instructional day of the school week if school is in session.

- Weeks of August 6<sup>th</sup> & August 13<sup>th</sup>

**Remainder of Season.** After the first two calendar weeks allowed for matches, teams or students are limited to no more than two matches (or dual matches) during each calendar week, plus one tournament. The second match of the calendar week shall be after the last instructional day of the school week.



# VOLLEYBALL PLAN

## *Volleyball Match Regulations continued*

*Beginning First Day of School.* On and after the first day of school, teams are limited to no more than one scrimmage, match or dual match during the school week. School week means the week beginning at 12:01 a.m. on the first instructional day of a calendar week and ending at the close of instruction on the last instructional day of the calendar week, excluding holidays.



# VOLLEYBALL PLAN

## Invitational Tournaments



**Number of Matches Per Day in Tournaments** - No team or student shall compete in more than three matches per day in tournament play.

**Exception:** Contestants or teams may play in four matches per calendar day in a one-day tournament scheduled on a Saturday, contestants and or teams may also play in four matches per day during a two-day tournament.

**“Mini-games”** in pool play – Two games, 0-15. All mini-games in a day of pool play count as one of the three allowable matches for the day.

*Pool-play matches utilizing regular scoring **each** count as one of the allowable three matches.*

**Max Number of Tournaments Allowed** - Three (3)

# DISTRICT CERTIFICATION



## *District Ties*

- If not previously scheduled, a district executive committee may authorize a single elimination match or tournament to resolve district ties.
- A one-match play-off could break a two-way tie. A tournament could resolve a tie between three or more schools provided only two matches have been played that week.
- These matches must be completed by the district certification deadline and will not count against the allowable matches if not previously scheduled.
- Tie-breaker matches must be held in compliance with calendar week and school week restrictions.
- Tie-breaker tournaments consisting of more than one day must be on consecutive days.



# WARM-UP GAMES



- **Warm-Up Games** – Teams that have advanced to the playoffs may schedule a warm-up matches after the District Certification date that is set by the UIL calendar and before their first playoff game if a team has not reached their allowable season limit. School week limitations still apply.

**Note: Prior to district certification, matches left in a teams allowable season limit may be scheduled like any other regular season game.**

- Exception – Warm-up games for teams who have exhausted their season limit are given a UIL exception under the following conditions:
- Teams that are district champions **and** have a first round bye.
  - The one game exception can be played only at the end of your school day on Friday, last day of instruction (with no loss of school time) or anytime on Saturday.

# COACHING REMINDERS

- **Know Your Rules**
- **Yearly Required Training**
- **Educate / Lead Your Staff**



# Know Your Rules

- **Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).**
- **Download or print your sport manual**
  - **Manuals include C&CR sport plan language, make sure you are familiar with it.**
- **Download Side by Side Manual**
  - **Will answer questions about no-pass /no-play, eligibility and more.**







# UIL Coach Education and Training Requirements

(State Law)

- CPR and First Aid Training – must have a current certification filed with the district
- AED Training – must have a current certification filed with the district
- Safety Training – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training – training must be completed annually (2 hours every other year/1 hour annually)





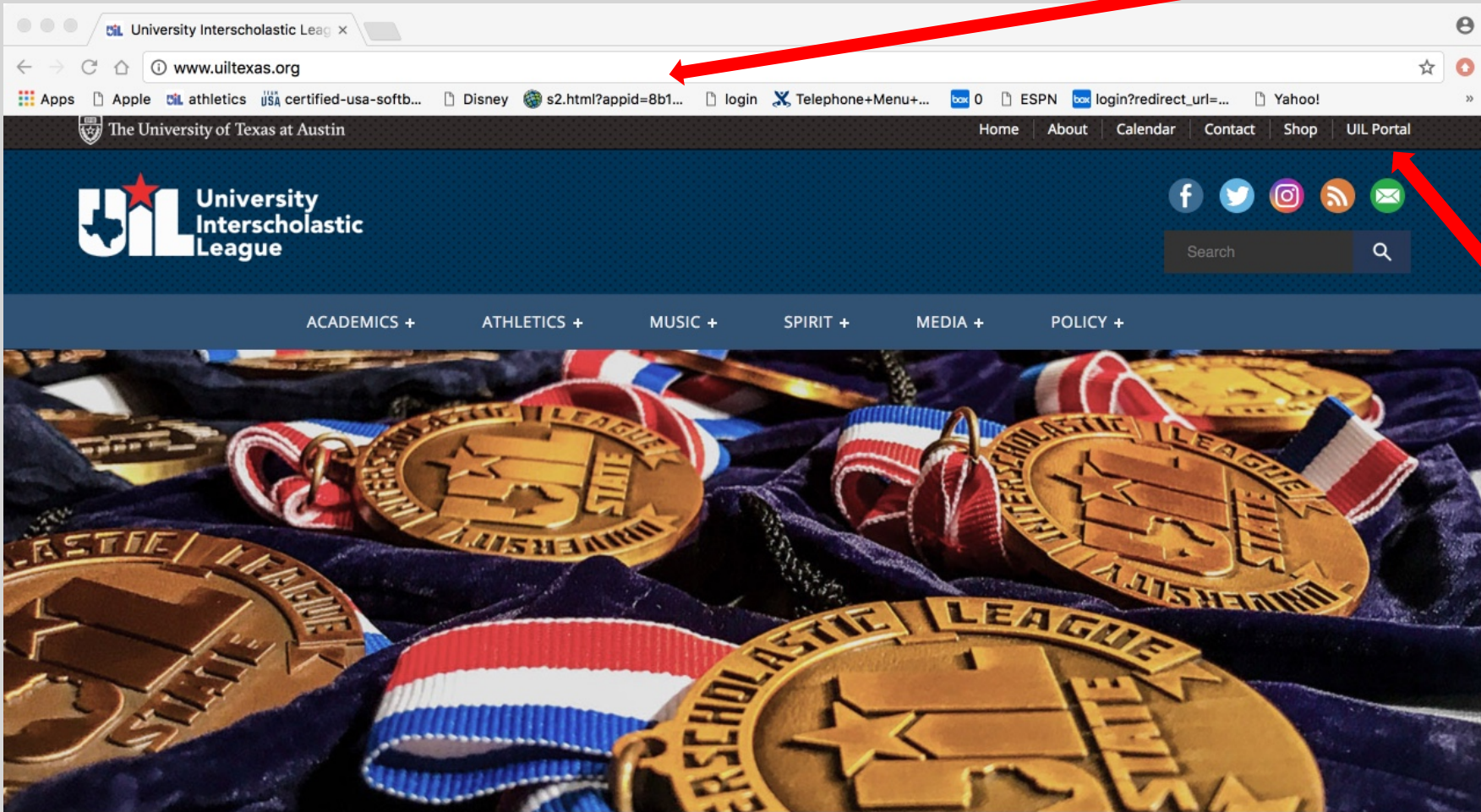
# UIL-CONSTITUTION CHANGES

## *CCP – Coaches Certification Program*

- **UIL Professional Acknowledgement Form**– On file with the district (C&CR 1202(j))
- **Coaches Certification Program (CCP)**– online or in-person training (C&CR 1208(i))
  - 1) Constitution & Contest Rules
  - 2) Ethics
  - 3) UIL Steroid Education
  - 4) Safety Training (state law)
  - 5) Concussion Training (state law)
  - 6) Sport Specific Training – each sport has a separate module
  - 7) **Football Coaches ONLY** – **Best Practices in Tackling certification**
  - 8) **First Year Coaches ONLY** - **Fundamentals of Coaching in Texas** (C&CR 1202 (L))

# Accessing the UIL Portal From your desktop

[www.uiltexas.org](http://www.uiltexas.org)



**UIL  
Portal**

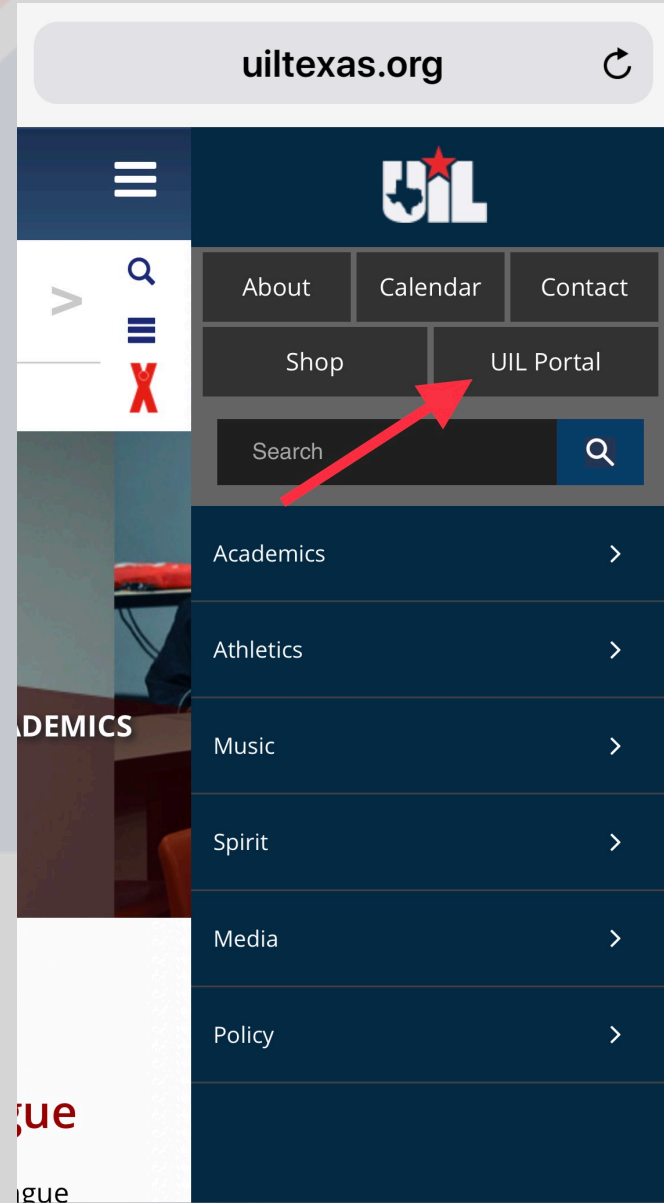
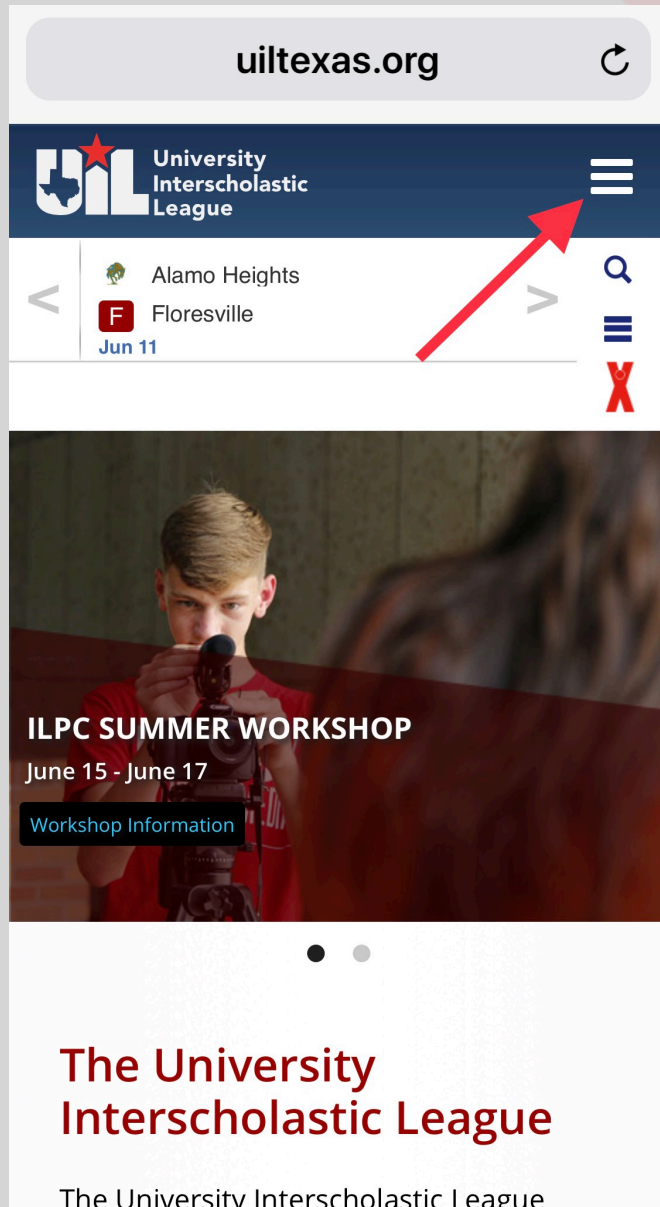
## The University Interscholastic League

The University Interscholastic League exists to provide educational extracurricular academic, athletic, and music contests.



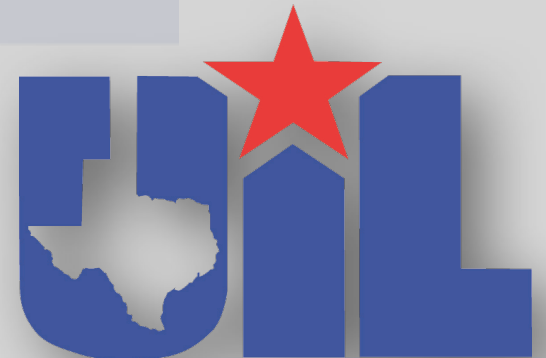
# Accessing the UIL Portal

From your phone



# Educate / Lead Your Staff

- **Make sure they are familiar with the rules and where to find them (sport rule book, manual, etc.)**
- **Make sure they are aware of their training requirements.**
- **Help equip them to go and lead programs of their own one day, want that for them.**
- **Help them understand the great responsibility they have in coaching, teaching and leading the kids they work with.**
- ***Good values attract good people. Be a leader of value and you'll attract the same.* John Wooden**



# Practice & Contest Regulations

## ➤ Practice Regulations

- Outside of the school year
- What counts as practice time

## ➤ Practice Regulations

- School in Session
- What counts as practice time.

## ➤ Contest Regulations

## ➤ Junior High Regulations







# PRACTICE REGULATIONS (C&CR 1206)

## Outside of the School Year

- 1 Practice – Not to exceed 3 hours
- 2 Practices – Not to exceed 5 hours combined
  - 3 hours is maximum length of a single practice
  - More than 1 practice scheduled, must have minimum of 2 hour rest break
- Cannot schedule more than one practice on Consecutive days. Exception: Volleyball



# PRACTICE REGULATIONS

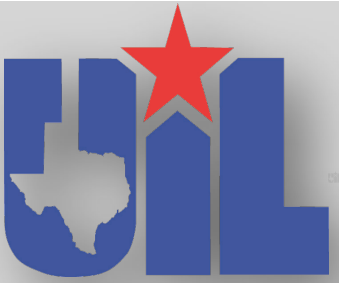
## (C&CR 1206)

### Outside of the School Year

#### What is considered Practice time?

<u>What Counts</u>	<u>What Doesn't Count</u>
Actual on field/court practice	Meetings
Sport specific skill instruction	Weight training*
Mandatory conditioning	Film study
Water breaks	Injury treatment
Rest breaks	Voluntary conditioning*

\* Does not count towards practice time, but cannot be done during the 2 hour rest/recovery time.



# **PRACTICE REGULATIONS**

**(C&CR 1206)**

## **School is In-Session**

- **Eight Hour Rule** - Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limiting to a maximum of eight hours per school week per activity.
  - The In-School athletic period does not count towards the allotted 8 hours
  - Any TIME used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, mandatory weights/video/meetings, etc.)



# CONTEST REGULATIONS

➤ High School - One Contest per School Week :

Per activity-Per Student

*Exceptions:* Tournaments, Post-Season, Postponed District Varsity Games

➤ Junior High – 1 Contest Per Calendar week.

## Difference between Calendar and School week:

➤ Calendar Week :

- 12:01 am Sunday to midnight Saturday

➤ School Week:

- 12:01 on 1<sup>st</sup> instructional day of the week to close of instruction on the last day of the week

**Know Your  
Sport  
Yearly Game  
Limitations!!  
(See Manual)**



# Eligibility





# ELIGIBILITY

## *Eligibility - 1st Six-Weeks of School Year*

- **Grades nine and below** - promoted
- **Second Year of High School** – five accumulated credits
- **Third Year of High School** - ten accumulated credits or five credits within the last twelve months
- **Fourth Year of High School** - fifteen accumulated credits or five credits within the last twelve months

# ELIGIBILITY

## **Sub-Varsity and Junior High**

An Individual is Eligible to participate if...

### Sub Varsity Eligibility

- Full Time Student
- Academically Eligible

### Junior High Eligibility

- Full Time Student
- Academically Eligible
- Age Appropriate for JH athletic competition



# ELIGIBILITY

## *Varsity Athletics*



- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form



# PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)

*Required for All NEW students in grades 9-12 who have:*

- **Required** if a student practiced or participated with a former school in grades 8-12 in any UIL athletic activity.
- New school must verify that the student meets the **parent residence rule**.
- **District Executive Committee** must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the varsity level at the new school
- Submitted to the UIL office.

# Non-school Participation

## (Team Sports)

### Team Sports

*Football, Volleyball, Basketball, Soccer, Baseball, Softball In accordance to Section 1201, 1206 and 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7, lineman challenges) coaches:*

The C&CR **prohibits** the following:

- 1) Coaching students from your attendance zone in grades 7-12.
- 2) Scheduling games between your team and one other team.
- 3) Transporting kids to non-school activities.
- 4) Using school equipment, uniforms or first aid equipment.
- 5) Using school or booster funds.
- 6) Pressuring athletes to play non-school leagues.
- 7) Participating with athletes in their sport.

***\*\*Coaches cannot gain financially from a student's participation in a non-school activity.\*\****





# Non-school Participation

(Team Sports)

*In accordance to Section 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7) coaches or a group of coaches:*

The C&CR **allows** the following:

- 1) You can supervise the facility.
- 2) You can assist with organization. You are allowed to assign officials, secure facilities, develop schedules, assist with registration and help secure equipment.
- 3) You can assist with the selection of coaches.
- 4) You can assist with the selection of players.
- 5) You can distribute information about non-school activity.
- 6) You can collect registration fees that are made payable to an outside entity (not the school).



# NON-SCHOOL PARTICIPATION

## SUMMER CAMPS (Team Sports)

- Allowed in BASEBALL, BASKETBALL, FOOTBALL, SOCCER, SOFTBALL AND VOLLEYBALL.
- After last day of the school year in May, June, July and before the second Monday in August.
- All students with the exception of students entering their **second, third or fourth** year of high school may attend.
- Instruction can be given by 7<sup>th</sup>-12<sup>th</sup> grade coach from their school district.

\*See Off-Season & Non-School Participation – Section 1209\*

(continued on next slide)





# NON-SCHOOL PARTICIPATION

## Summer Camps (Team Sports)

- Attendance is limited to no more than six consecutive days.
- School Equipment. Schools may furnish school-owned equipment with the following exceptions:
- For baseball and softball camps, schools may furnish balls, bats, bases, pitching and batting machines, batting helmets and catcher protective equipment. No other baseball or softball equipment may be used.

**\*See Off-Season & Non-School Participation – Section 1209\***

# Miscellaneous Information





# VOLLEYBALLRULE CHANGES

## 2018-2019

**2-4-1b** — Clarifies that no team member may assist a player during an attempt to play the ball in order to gain an illegal advantage.

**5-5-3b(10) (NEW)** — The second referee has the responsibility to ensure that the head coach remains in the replacement zone no closer than 6 feet to the side-line, when standing during play.

**5-5-3b(13), 5-5-3b(20), 5-8-3a NOTE (NEW)** — When multiple courts are in use, the second referee may end a time-out or interval between sets with a long whistle in place of the timer sounding an audio signal (horn).



# RULE CHANGES 2018 - 2019

**9-8-2 EXCEPTION (NEW), 11-4-1b (NEW)** — When a replay is signaled due to an injury/illness and the injured/ill player cannot continue play, the head coach may request a substitute or complete a legal libero replacement for the injured/ill player or take a team time-out(s) if the team has remaining time-outs.

**10-2 PENALTIES 2** — Eliminates further delay of the set by establishing that after a team is charged with an unnecessary delay, the coach may request no further substitutions until the next completed rally.

**11-5-3 (NEW)** — Between sets, teams may warm up in their playing area, but may not hit volleyballs over the net into the opponent's playing area.





# RULE CHANGES 2018 - 2019

**Officials SIGNAL #21** — To signal unnecessary delay, raise the hand on the side of the offending team beside head, palm facing in, hold the appropriate card on the wrist of the raised hand.

## Major Editorial Changes

**1-5-2c (NEW), 1-7** – Provides consistency by listing all reasons why a match shall be declared a forfeit and clarifies that a forfeit is considered a termination of a match and not a suspension.

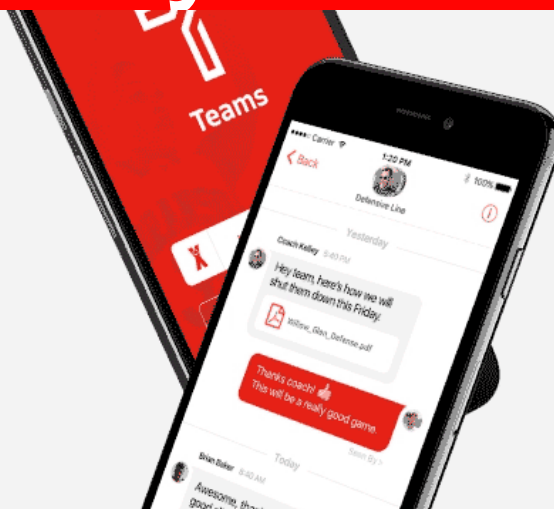
**5-4-1c** – Clarifies that the inspection of net antennas is a prematch responsibility of the first referee.

**5-5-3b(13), 5-5-3b(20)** – Clarifies that the second referee shall use a double whistle to indicate the warning during a time-out and when an intermission is used.

**6-4-5 NOTE (NEW)** – Clarifies that when a team is playing with fewer than sixplayers, the vacant position remains open when rotating to the front row.



# Teams by MaxPreps



**GET THE APP**

**MaxPreps.com/teams**

- Send direct or group messages to your athletes, parents and coaches
- Fastest way to report scores to UIL
- Sync your team's schedule with your iOS or Google calendar
- 100% Free

[Learn more at MaxPreps.com/teams](https://MaxPreps.com/teams)

# Links found on UIL Website

- [Constitution & Contest Rules \(C&CR\)](#)
- [TEA-UIL Side-by-Side](#)
- [Athletic Rules \(Sections 1200 through 1210 C&CR\)](#)
- [Rules Violations and Penalties \(Section 1207 C&CR\)](#)
- [Booster Club Guidelines](#)
- [Summer Strength & Conditioning Regulations](#)
- [Non-School Participation Regulations](#)



# Still Have Questions?

- Speak to your Head Coach / Coordinator / AD
- Reference Sport Manuals
- Contact us at the UIL
- Use Our Website
  - [www.uiltexas.org](http://www.uiltexas.org)







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